



# BASSINGFIELD

RIDING SCHOOL,  
LIVERY &  
TACK SHOP



## **Covid-19 Health and Safety Procedures for lessons**

Thank you for booking your lesson at Bassingfield riding school and Livery, we look forward to welcoming you to your lesson at a safe social distance. We want to ensure that we are keeping our clients and staff safe, and we kindly ask that you read and follow the policy outlined below.

### **IMPORTANT INFORMATION**

1. Please make sure you are aware of the symptoms of Covid-19 (see <https://www.nhs.uk/conditions/coronavirus-covid-19/>). If you have experienced any of these symptoms in the last 14 days, have a need to self-isolate, are in a household that are self-isolating, or feeling unwell then please cancel your lesson.
2. You must wear your own hat and boots, and if you normally ride with a whip you must bring your own; we are unable to provide these at this time.
3. You must wear clean gloves whilst you are at the yard.

### **AT THE YARD**

1. You will meet your instructor and horse at the main gate. Please arrive just a few minutes before your lesson in order to avoid cross over with other clients/liveries. If you arrive early please stay in your car.
2. Hand sanitiser will be available and we ask you to use it before and after the lesson.
3. Please keep a 2m distance between yourself and other people.
4. Please do not come up to the house, enter the stables, or any other building.

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## **YOUR LESSON**

1. You will be expected to mount your horse without assistance from another person, adjust your stirrups and girth when mounted, and recheck your girth after warming up.
2. Social distancing should be maintained throughout your lesson.
3. Due to having a long time off work, we will be building the fitness of both horse and rider gradually.

## **AFTER YOUR LESSON**

1. After dismounting, please stand back and allow the instructor to take the horse.
2. Sanitise your hands and please leave the yard.
3. Wash gloves and clothes once you return home.

Our priority is to keep everyone safe. We will be disinfecting tack and regularly cleaning contact surfaces between clients and are scheduling time gaps between sessions to ensure that social distancing can be adhered to on site.

Thank you for your patience and cooperation at this time, we look forward to seeing you!